

Strawberry JAMMIN'

SANFORD FARMERS' MARKET

U-pick farms



Sanford Farmers' Market
115 Chatham Street
Sanford, NC 27330



Barry's Strawberry Farm
4047 Cox Mill Road
Sanford, N.C. 27332



Blueberry Hill
3122 White Hill Rd
Sanford, NC 27332



Gary Thomas Farms
443 Thomas Road
Sanford N.C. 27330



GW Douglas Farms
4162 Hwy 87
Olivia, NC, 27332



Gross Farms
1606 Pickett Rd
Sanford, NC 27332



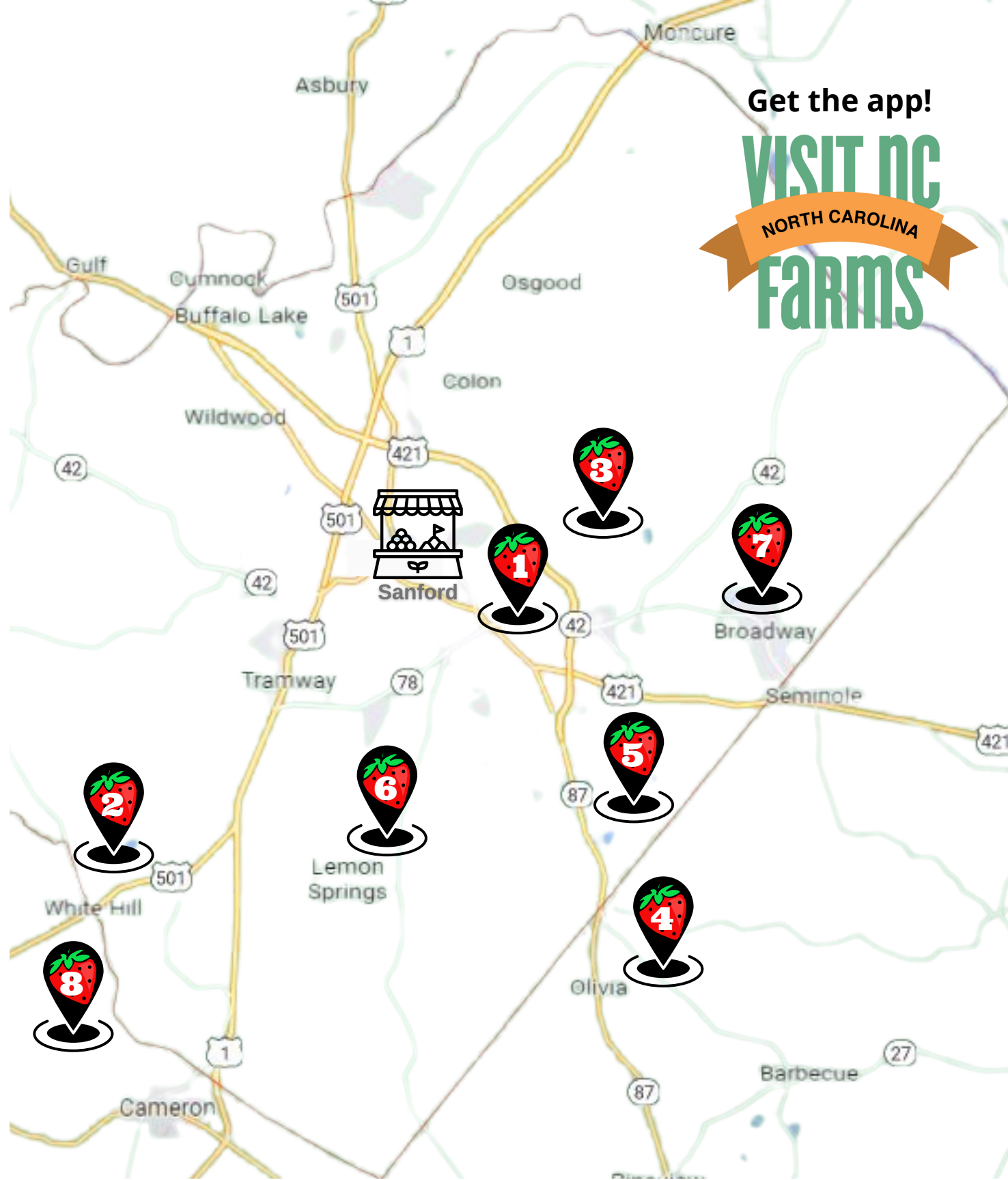
Steve McNeil Farms
1621 Kentyrewood Farm Road
Sanford N.C., 27332



Travis Buchanan Farms
2508 Broadway Rd.
Sanford, NC 27330



White Hill Farms
5030 S Plank Rd
Cameron, NC 28326



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Strawberry Salad Recipe

Ingredients

8 ounces of spinach (around one bunch), rinsed and dried
3 cups strawberries, washed and dried

1/4 cup of extra virgin olive oil
1/8 cup white wine vinegar
2 tablespoons white sugar
1/8 teaspoon paprika
1 tablespoon sesame seeds
2 teaspoons poppy seeds

Directions

Coarsely chop or tear the spinach.
Cut the strawberries into slices.
In a large bowl, toss together the spinach and strawberries.
In a medium bowl, whisk together the extra virgin olive oil, white wine vinegar, white sugar, paprika, sesame seeds, and poppy seeds. Toss the salad mixture with the dressing. Serve at room temperature or cold.



Other U-Pick Options



**Blueberry Hill U-Pick
blueberries**

2 Locations

- 3122 White Hill Rd, Sanford, NC 27332
- 1921 Steel Bridge Road, Sanford, NC 27330



**Griffin Vineyards
Muscadine grapes**

- 915 Thomas Rd., Sanford, NC, 27330

**For more information, contact the
NC Cooperative Extension Office Lee
County Center**

Phone: 919.775.5624

**Address: 2420 Tramway Road,
Sanford, NC 27330**

E-mail: meredith_favre@ncsu.edu



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